

THE ART OF LEADERSHIP A COACHING JOURNEY WITH HORSES

Past participants describe our CPD days as “**profound and embodied**” with a “**huge transformative power**”.

How will this course benefit you?

- Safe, contained exercises with the horses are the catalyst for optimal leadership growth
- Enhance your self awareness and know how you impact others more clearly
- Accept your bodies as a sensitive knowing vessel
- Increase your presence
- Lean into your learning edges, receiving non-judgemental, instantaneous feedback from the horses

What: No previous horse experience is needed

When: Friday 7th June 2024, 10am - 4.30pm

Where: Nottinghamshire, NG25 0NF

Cost: £300 including refreshments.

Who: Personal and Professional Development Practitioners (Coaches, Supervisors, Therapists etc.), limited to 10 participants.

Further details: info@equilibrium-partners.com / www.equilibrium-partners.com



Horses respond without judgement, in the present moment, to the integrity of the whole person and their inner story. Change the story and behaviours and the horse, as our allies, changes too...

Equilibrium Partners - We are Harriet Hanmer (EMCC senior practitioner coach and supervisor) and Laura Gold (certified APECS coach). We have been working with individuals and organisations collectively for over 25 years, with thousands of clients across public, private and voluntary sectors.

Our partnership is founded on a love for the horse and a belief in human potential. Our passion is to facilitate leadership development through encounters with horses.